Kindness UK Accreditation Evidence Dornoch Academy part of Dornoch Firth 3-18 Campus

1	School aims and values	Our school aims and values are agreed by the whole campus Achieving, Belonging, Caring Respect, Resilience, and most of all Kindness We review these regularly through assemblies and class work
2	Pupil and Parents Voices	We seek the views via the pupil and parent councils. We put out surveys to parents, staff, and pupils. We also use the UNHCR questionnaire for Rights Respecting Schools The Academy has achieved Bronze Rights Respecting Status and is working towards Silver
х3	Pupil Council and Executive Pupil Council	Each of the three schools has a pupil council. Several times a year they meet with the HT to form the Executive Council. In this forum they discuss the whole campus needs.
4	Helping Others' Days	The academy supports a range of charities over the school year including Rotary Shoe box appeal, Teenage Cancer Trust, Poppy Scotland, Interact. Moray Firth Xmas toy appeal. Children in Need, Comic Relief
5	Kindness Award	Kindness is celebrated in the school through the merit system. Pupils are recognised for their acts of kindness
6	Eco events	The school is very involved in eco activities, we have linked with a local landowner who allowed us to plant 300 saplings on his land. We linked with the University of Aberdeen to plan to restore the school grounds which had gone into a state of neglect from pre covid. We restored the polytunnel and we are growing fruit and vegetables. We built a pond in order to carry out eco surveys.
7	Kindness Day	The academy pupils support the two primary schools to run their kindness days. Topics are discussed by the Pupil Council, and we have speakers come to assemblies.
8	Outdoor activities	Our school has extensive grounds and a small woodland. These grounds are used daily for breaks and lunchtimes as well as a full range of sporting activities. The school is linked to the local golf club, Tennis Club and Squash club and pupils use these facilities and support their activities.
9	Care home community links	Pupils visit the two local care homes on a regular basis. Residents are invited to all our activities.
10	Buddies	Senior pupils from the academy support the new S1 pupils to ensure they are supported through transition. The Senior pupils volunteer to help in the primaries to hear pupils read, to play maths games and to help run a homework club twice a week. They also volunteer to help the nursery pupils on trips and at lunch time.
11	Kindness Activities	Pupils help to run events in the school and in the local community. Pupils are regularly complemented by visitors for how they have been treated and supported by pupils and staff. We support a large number of charities on an annual basis. Our older pupils show great care to all our younger pupils.
12	Harvest and Christmas	The pupils donate harvest gifts which are given out in the local community. They collect toys for the Cooperative store and Moray Firth Radios Christmas toy appeal
13	Tree Planting	The Academy pupils worked with a local landowner, who gave a large area for the planting of saplings. It took several days to cover the area with young trees to form a new woodland area. The school has a large area which has been turned into a wildlife area, which has included the planting and maintaining of trees.
14	Citizenship Groups	The school has a membership group called Interact which is affiliated to the Rotary Club of UK. They volunteer at events and run fund raising events.
15	Health and Wellbeing	Health and Wellbeing is one of our school improvement aims. We are running a range of activities to promote health and wellbeing through all aspects of the school day. The school uses the Glasgow Wellbeing indicators to assess wellbeing and the results are used to plan our next steps towards improvement.

16	Caring for Animals	We do not have any animals in school, but we are linked with a local croft where groups of pupils go to work with a range of animals. We take some pupils to work at a local stable as well as working with the Therapy Dog scheme.
17	Learning for Sustainability	All the staff in the school undertook a qualification in learning for sustainability. The follow-up from this training was setting up projects across the curriculum. The school ran a clothes swap and investigated sustainable fashion. They undertook a project to improve the school grounds.
18	Assemblies	The Senior school assemblies are run twice a week
19	Mental Health Awareness	The school has a counsellor who pupils can contact for individual sessions. We work with the NHS Primary Mental Health Worker to support pupils and staff. WE hold assemblies about mental health awareness. There are posters around the school linking to help services.
20	Remembrance	 The school has an interdisciplinary unit which is run every year on Remembrance. Pupils hold a two-minute silence. We raise fund for Poppy UK. The school pupils follow a piper down the high street to the town's war memorial to join the annual service held there. A group of pupils travels every summer to the war graves in Belgium and France, pupils with relatives who participated in WW1 are helped to visit their relatives' graves.
21	Newsletters	The academy puts out regular newsletters to let parents and friends know what we are doing. In addition, we now have a Facebook page to increase our communication with the local community.
22	Kindness UK	Information about Kindness UK is on display in the school, it has been discussed with the parent council and through the guidance and tutor system.