



Our Culture, Ethos and Values

Our purpose is to nurture the growth of the whole child - academically, socially and emotionally – which we achieve with kindness. Good relationships are at the heart of our school - our ethos is warm and supportive for all. Kindness is woven through our school so much so that it is one of our school values - Brave, Curious, Kind – and one of our school rules – Be Kind, Aim High and Work Hard. Our school is part of a multi-academy trust with the same high regard for kindness. Within the Trust, professional kindness is encouraged in the form of support for other schools and young people beyond our own.

This culture of kindness underpins everything we do.

Routines, Rules and Daily Life at Coppice Valley

At Coppice Valley, kindness is just what we do! It is the golden thread running through our everyday and long-term plans. For example:

- Manners and thoughtfulness. We teach pupils to have good manners - opening doors, smiling and eye contact, saying good morning, standing back to let someone pass, giving up your seat for someone else. Visitors to the school, and members of the public when we are out and about, frequently comment on the kindness and conduct of our pupils.
- Daily lunchtime calm club, run by our teaching assistants to provide a quiet space during lunch time for children who want some downtime or to talk to a peer or adult about their feelings. This is a kind and supportive time and space to which all are welcome.
- Buddies for new pupils - Reception pupils and all in-year transfer pupils are given a buddy to help them settle in and feel welcomed to our Coppice family. Buddies volunteer their time to help others.
- Family breakfast – termly free hot sandwiches and drinks for all our families and neighbours. This is purely an act of kindness to bring the school together as a community. It is very well attended and appreciated.
- Grandparents afternoon – pupils invite their grandparents for afternoon tea at school to share their work with them and thank them for all they do for them and supporting the school.
- Kindness day – hot drinks and breakfast bars handed out to parents from our Before & After School club with positive affirmations written on cups for our busy, working parents.

Kindness in the Community

Helping our community is part of our curriculum at Coppice Valley. Every class picks a project each year, in which they find ways to support our local area. For instance, this year our Year 3 pupils made a plan to transform part of our school grounds into an allotment and relaxation garden space for use by our neighbours who do not have access to their own green space. This was achieved through the kindness of local businesses and charities.



We love working with our local community here at Coppice Valley. Recently we have welcomed the kind help and advice of Horticap, CNG and Harrogate Flower Show in helping us to make this amazing community garden.



Year 5 and 6 pupils' community project this year was creating Christmas boxes for the Harrogate Homeless Project. In addition our Young Voices choir visited a local care home, Southlands, to sing Christmas carols to the old people there.

HEY MAMA MEET UP FRIDAY AFTERNOON

1.30-3PM. MEETING AT THE PORTACABIN AT COPPICE VALLEY PRIMARY SCHOOL, KRIPPING HILL, HARROGATE, HG1 2DN. (LOOK OUT FOR THE SIGNS.) DURING TERM TIME.

WE HAVE REFRESHMENTS, TOYS, CRAFTS AND OPPORTUNITIES TO MEET NEW MAMAS.

YOU MAYBE PREGNANT, JUST AFTER BIRTH OR YOUR BARE IS IN SCHOOL. YOU ARE WELCOME!

IF YOU'RE STRUGGLING WITH YOUR MENTAL HEALTH, YOU'RE HAVING A HARD TIME OR PREFER A SMALLER GROUP. WE'RE HERE FOR YOU!

GIVE US A MESSAGE IF YOU'RE ANXIOUS ABOUT COMING ALONG. WE KNOW HOW THAT FEELS.

ALL GROUPS ARE FREE TO ATTEND.

We are fortunate to have extensive grounds and facilities at Coppice Valley that we provide, free of charge, to a local community group who share our values about kindness, nurture and support.

Hey Mama is a support group for parents who may be lonely or struggling with their emotional wellbeing and mental health.

The group have been welcomed to our school where we help to provide an essential lifeline of kindness and support for local parents.



Coppice Valley pupils visit a local nursery on a regular basis to read with the young children. We know how important reading is for all children, so our pupils and staff volunteer their time to help out in the nursery. The school has developed a strong relationship with the nursery and invited them to use our

A group of Coppice Valley parents also use our facilities to host a monthly café for our parents and neighbours.



Kindness in the Wider World

This year, in reviewing our curriculum, we wanted to expand the children's kindness and good citizenship education to a global level, teaching children that their responsibility to help others reaches beyond their local neighbourhood and own country. Coppice Valley is a partner school with United World Schools. We are raising funds to help build a school in Cambodia. Being a partner school inspires global awareness in our children. They learn about the challenges that children face in an out-of-reach community, develop transferable skills, and have the chance to make a life-changing impact on other children through fundraising. Through the kindness of the PTA and our parents, who support the money-raising projects we run, our pupils are learning that kindness can change lives through education.

Kindness in the Curriculum

Kindness pervades all subjects at Coppice Valley. This is kindness in a broader sense – learning about respect, tolerance and what it is to be human. Our subject intention statements, published on our website, show how kindness is running through all learning. For example:

PSHE curriculum

Kind: Children recognise, accept and shape their identities. They understand and accommodate difference and change, learning to manage emotions and to communicate constructively in a variety of settings. Children develop an understanding of themselves, empathy and the ability to work with others will help pupils to form and maintain good relationships, develop the essential skills for future employability and better enjoy and manage their lives.

RE Curriculum

Kind: Children learn to weigh up the value of wisdom from different sources, to develop and express their insights in response, and to agree or disagree respectfully. They will develop in pupils an aptitude for dialogue, so that they can participate positively in society, with its diverse religions and worldviews. Children will articulate clearly and coherently their personal beliefs, ideas, values and experiences while respecting the right of others to differ.

History Curriculum

Kind: Our curriculum will ensure children know and understand significant aspects of the history of the wider world, ancient civilisations, empires, achievements and the mistakes of humankind. They will learn to respect their history and see the value of the lessons we can learn from it. They will develop their empathy for others through the study of History.



The Coppice 50

Beyond the academic curriculum, at Coppice Valley we have developed a set of fifty essential experiences to develop the character and aspirations of our children. We plan some activities to develop pupils' selflessness – to make them think of others and help them to succeed.

Anti-Bullying Curriculum

Our value of kindness is central to our Anti-Bullying work. Our intention statement on our website states:

Kind: all children will learn what it means to be kind and how to show kindness to others. They will learn that doing the right thing can be an act of kindness towards others, even if it is hard to do i.e. reporting a friend who is bullying.

We are a core member of the [Anti Bullying Alliance](#) and participate in their All Together Now learning programme, as well as Anti Bullying Week. Each year group learns about Anti-Bullying and Good Relationships as part of our PSHE curriculum. In addition we celebrate Anti-Bullying week each year and Kindness Day.

Kindness, Mental Health and Wellbeing

Coppice Valley is teaching all children about mental health and wellbeing. Being kind to yourself by taking care of your mental health and wellbeing is a vital lesson for everyone. We extend the idea of kindness to oneself to kindness towards others by helping them with their own wellbeing. As a school we create a safe and calm environment where mental health problems are less likely, improving the mental health and wellbeing of the whole school population, and equipping pupils to be resilient so that they can manage the normal stress of life effectively.

We teach our pupils self-kindness for mental health using techniques like:

- Qigong in the school nature area to calm and still the mind
- Take 5 breathing technique
- Access to buddies and peers to support active listening