## Kindness Week Activities Across Strangford Integrated College

## <u>Departments</u>

Subject	<u>Activity</u>	Lead by
Technology	Random acts of Kindness cards.	All TD teachers distribute a selection of "random acts of kindness cards" to a few pupils in each of their classes during the week. Each card has a different suggestion about how a pupil can be kind to a classmate at that point of time in class.
Medical Room	Bucket full of Kindness	When a Pupil or staff member come into the medical room, they are asked to add a little note in the kindness bucket, I also have been giving out little positive affirmations to pupils. The pupils love reading what others have written.
History- Year 10	Sweet treats	-12 students in 10S were chosen to receive a sweet treatSome students in 10T received a sweet treat for themselves and an extra one to gift to someone else in their class that they thought had been a good member of the class.

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History- Year 13	A sugary break	The year 13 class were treated to donuts and shloe.
Friends of the Science Dept.	Tray bakes at break	Teachers were treated to tray bakes for Friday break.
Religious Studies	Reflecting on kindness in our studies.	Year 13 and 14 students enjoyed some kind treats whilst reflecting upon kindness. Year 13 students evaluated kindness in the early Christian Church and Year 14 evaluated kindness in Paul's letters.
Assembly	Promotion of Kindness Week and World Kindness Day in whole School assembly.	Mrs McBride led senior school assembly reflecting upon kindness, thinking about how we can show kindness and promoting our collection of foods and goods during this week for our local foodbanks.

Foodbank	Foodbank collection via form class	Students and staff collected goods and foods for our local foodbanks to be donated to help make hampers for families in the run up to Christmas.
Form time	Form time resources on kindness	Students were able to engage in a range of kindness activities during form time this week in class. The Charity Committee flooded the halls and corridors of the College in kindness quotations.
Remembrance Assemblies	Time to reflect in whole school Remembrance Assemblies on the kindness of others during conflict.	The History department led two poignant assemblies with the College community to reflect on the sacrifices made by others during times of conflict.  The Charity Committee supported the work of the British Legion this week and sold poppies and accessories to raise money.
English	Completed Kindness Acrostic poems in class. Homework was to give someone at home a compliment.	8T with Miss Hatchell

Drama	Year 9 improvised & performed short scenes on the theme of 'Kindness' The teachers were kind and played extra games for starter activities for Year 10.	Year 9 & Drama staff Year 10 & Drama Staff
French	Year 12 had a 'raclette' cookery lesson and had the opportunity in class to try this authentic cooking technique and make their own vinaigrette as well. A huge hit all round!!	Year 12 GCSE French and KBR
Spanish	Year 9 Spanish students got to sample some traditional Spanish tapas as we are studying the topic of ordering food in a café and learning about the tapas culture in Spain.  Year 11 Spanish students had Hot chocolate and brownies	Year 9 Spanish with NDR and KBR

### Library

Friday is the launch of our New Reading Aloud Lunchtimes during Junior Lunch 1.30pm to 1.45pm. Each participant a little gift - a bookmark (which can be coloured in/ Strangford mini colouring set/small chocolate - made into a little bundle.

From next Monday - A Free Book Box - A box of books which are no longer needed or will be used in the library, free for Students or Staff to take. - will be left outside the Library Door, for anyone to take.

World Kindness Day - Monday 13<sup>th</sup> November 2023 -Kindness Lucky Dip

At Junior and Senior Lunchtimes - Answer a simple Trivia Question correctly and qualify for the Library Lucky Dip.

Selection of goodies hidden in Dip to be won. (I have some bits I can use already, but may ask Angela, if she has any pens, pencils etc.)

There will be a Kindness Day display in the Library - highlighting books with a kindness & empathy theme.



### Mrs Boyd

# Year groups

Year 8	8S – selected someone in the class to do something kind for – this might have been to bring in a wee sweet treat, to give someone a compliment, etc. Students are writing kind messages in a card for a student who is in hospital	8S
Year 9	Goodie bag raffle.	Miss Humes made up 5 goodie bags, one for each form class. Wheel of names was used to randomly select 5 pupils.
	Appreciation cards for staff.	Miss Humes gave all Year 9 pupils an appreciation card that they could dedicate to a member of staff.

Year 10	Mrs Newman held assembly and awarded 4 bars of chocolate out. She chose the students based on the date she and her children were born and their alphabetical position in the class. This was a lovely random act of kindness for those students	KNW and Year 10 assembly
Year 11	Miss Doran took assembly which focused on achievements and giving students praise and recognition	SDN Assembly
	Chocolate bars given to form tutors and TLA's of the year group to thank them for all their work and support	JLD form time
	Year group were encouraged to give compliments to both staff and students at least once in their day.	All of year 11
Year 12	Left compliments on post-it notes for students and staff across the College.	Form teachers
Pastoral team	Heads of Year received a chocolate treat to thank them for the huge amount of support they give our young people.	NDR