

Music Department	Students chose a 'random act of kindness' during Music class and their mission was to carry this out during the remainder of the day/week. Acts like holding the door open for someone, giving a sincere compliment, speaking to someone who is on their own at lunchtime etc. All Music classes were asked to anonymously nominate someone in their class who they feel deserves a treat, either because they are kind, or they always smile etc - each 'winner' was given a small chocolate bar.
Home Economics	<ol style="list-style-type: none"> 1. Yr 11 Child Care classes were treated to a special treat to recognise their hard and excellent behaviour they have shown since September. 2. KS4 and KS5 classes were give a treat of tea and coffee 3. The Dept. provided a little tasty treat for all staff members to brighten up their Friday break time
English Department	Classes received treats across the week – buns, sweets, fun games etc. The English Department held their department meeting at Costa - an act of self-kindness!
Art Department	Students received hot chocolate and buns as a thank you for all their hard work.
Geography Department	Junior School students had lessons on 'Kindness in relation to the environment'. This linked with the COP26 conference in Glasgow and allowed students to make pledges in relation to lowering their individual carbon footprint.
Media Studies	11, 12, 13 and 14 classes all used their practical skills to design thank you cards on Photoshop to email out to a teacher, Learning Support Assistant, or other support staff, to thank them for their help and brighten up their weekend. Y14 pupils helped out with Y11 and Y9 Media classes for extra support during free periods.
Prince's Trust	All lessons centred on kindness
Mathematics	Staff baked treats and brought in treats for classes and each other.

Whole School: Support for Newcomer Asylum Seekers and refugee Families	Students, staff and parents donated nappies, toothbrushes and shower gels for newcomer refugee families and individuals. A total of 3 car loads was collected! Two weeks later, donations are still coming in.
Whole School: Advent Calendars for the local Food Bank	Students and staff donated 120 (and counting) chocolate advent calendars for the local town foodbank.
Year 9 Pupil	Gave his teachers and friends chocolate bars as tokens of appreciation.
Year 13 Pupil	Brought in buns for her teachers
Head Girl and her mum	Bought <u>every</u> student in year 12 a packet of sweets for doing their mocks, and wrote a kind note of encouragement as they approach their first GCSE module exams (151 notes and gifts!!)
Teacher	Brought in sweets for junior classes which was very well received

Teacher	Gave a social period to OS ICT class for their hard work so far
Teacher	Brought in sweets for classes which was very well received
Year 9 Pupil	Asked her teacher if she could sanitise the desks for everyone in her class at the end of each period – all week.
Year 9 Pupil	Brought in Celebrations as a thank you to the cleaners. Brought a box of chocolates to share in Traditional Music Group rehearsal.
Head of Dept	Covered registration period and P1 class to allow another member of staff to take her daughter to school.
Head of Year	Gift of chocolates and little thank you note to year team.
Staff Member	A decorative star, chocolate and special note put in staff pigeon holes
Class 14 ES	Made a lovely lunch for Slemish's technicians and caretaking staff
Staff member	Gave her invest partner a little gift and an encouraging note. Invest is an informal system in school, of pairing staff for support and encouragement.
Year Head	Gave team notes of encouragement and thanks
Teacher	Brought Monday morning coffee for colleague
Teacher	Gave his hardworking Year 12 class rice crispie buns and top hats, as well as a 'comedy' half hour!
Year 13 Pupil	Brought in family size Galaxy Chocolate bars for his teachers
Year 10 Pupil	Brought in Candy Canes for her teachers
10CM Students	Brought in chocolate for teachers who have been kind to them.
10CM Students	Gifts of chocolate and sweets and thank you notes for their form teacher.
Anti -Bullying Ambassadors	Organised for students to send a 'kind word' or short message to their peers. 125 messages were delivered throughout KS3 and £25 was raised for the Anti-bullying Alliance
Year 8 Pupils	Were completing practical work on projects for students who were ill so they would not be behind on their return.
Year 8 Pupil	Oliver gave chocolates to his teachers and made a lovely hamper, which he took to the local police station to thank the officers for all that they do.
Year 10 Pupils	Gave teachers cards and chocolates to thank them for encouraging him.

<p>Year 8 had a busy Kindness Week</p>	<p>A thank you card left on the desk for the teacher with some chocolates and also a bag of chocolates for 8RS form class.</p> <p>8AD delivered notes and sweets to all their teachers. 8AD sixth form mentors organised cards for the class to write and delivered them to teacher pigeon holes. 8RD had a form feast where they brought home made goodies to treat each other.</p> <p>All Year 8 students were given a Heroes sweet as an act of kindness and they then gave a second Hero sweet to someone who had been kind to them, this could be a teacher, LSA, office staff, caretaker, bus driver, canteen staff, or someone at home.</p> <p>8AN drew pictures/ wrote notes for their favourite teachers</p> <p>8AV donated 10/20p each to contribute towards a tub of sweets. They chose a member of staff and wrote a card/letter to them and hand delivered the note, along with 3 sweets, to their chosen member of staff. 8AV also collected 120 chocolate advent calendars to be taken to the local foodbank.</p>
<p>Year 9</p>	<p>Year 9 classes hand delivered messages to their favourite teachers.</p> <p>Hand delivered thankyou notes and sweets to all their teachers and then individually delivered notes and sweets to each of their own favourite teachers, telling them why. 9AS also blindly chose another student to be a guardian angel for and secretly looked out for that classmate throughout kindness week anonymously.</p> <p>Collected and donated Warm Coats/ Winter Clothing and donated these to the homeless.</p> <p>Mrs Workman provided a treat with a motivational message written on it to each student in 9AL</p> <p>Created motivational bookmarks to give to their teachers. Enjoyed juice and biscuits during LLW as a treat</p>
<p>Year 10</p>	<p>put door hangings on teachers' doors asking whether they would like chocolate, or words of encouragement. They then collected these and distributed the chosen gifts.</p>
<p>Year 12</p>	<p>wrote thank you cards with messages of appreciation to their teachers and LSAs during LLW period.</p>

<p>Year 13</p>	<p>13CG each received a 'kindness curlywurly' and were tasked with completing the kindness challenge attached to that curlywurly over the week.</p> <p>13CG sent messages of hope to Afghan refugees arriving in the UK using the Refugee Council website</p> <p>13ZI created positive notes to give to someone in the class that they would not normally speak to. They also gave Mrs Hill flowers and a bottle of wine to say thank you for taking care of them in study.</p> <p>Arren J brought in tea/coffee/cups/sugar/milk and biscuits for everyone in his form class so they could enjoy tea/coffee in form class.</p> <p>Tierna G wrote affirmation post-its for everyone in her class and gave thank you cards with affirmation cards to her teachers.</p> <p>Year 13 chose someone from their form class to be their 'angel' for the week, by doing acts of kindness for them.</p>
<p>Year 14</p>	<p>A year 14 class were given a chocolate treat and asked to gift it to someone with a kind word. Fruit provided from form tutor on another morning.</p> <p>Sixth Form doing a PD lesson on charitable giving and are investigating 4 charities in class - they will then vote for their chosen charity and all of 6th form will donate £2 each to their chosen appeal over coming weeks. Following investigations and the survey the student voted to donate their money to Extern.</p> <p>Each class in 6th form voted for someone in their form class who most embodied the college value of kindness - the person with the most votes/most significant reason was then awarded a Kindness Goodie bag with chocolates and a framed picture with a quotation on kindness from Charles Macksey</p>

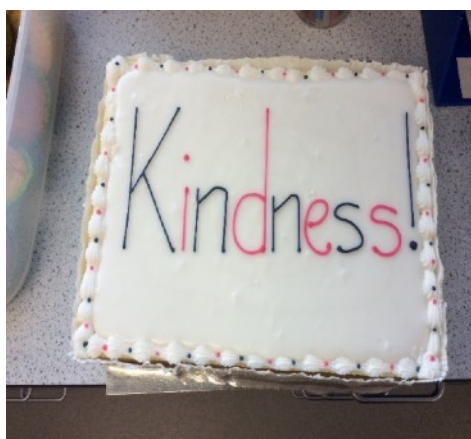
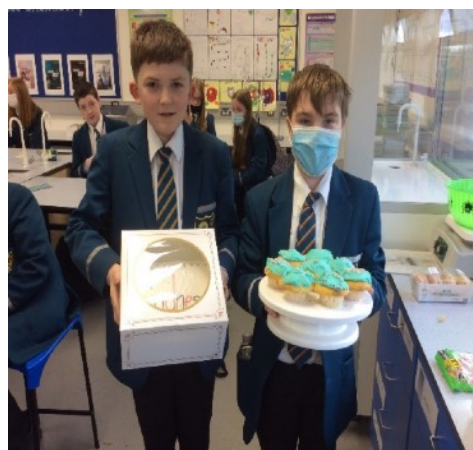
Kindness Week Photos 2021



Year 9 Kindness Week Pledges – being kind to the Earth



A Feast in Form Class



Treats for Teachers



Year 14 Making Lunch for the Technicians and Caretaking Staff



Bags of Kindness for Primary School Students Visiting Slemish



A Gift for the Local Foodbank, from Year 11



Oliver Taking a Treat to Our Local Police



A Gift for our Learning Support Assistants



You never know what you'll find on your desk during Kindness Week, (or any week!)



The Art Department Decorated the Bathrooms with Life- Affirming Messages



Senior School Volunteers about to head out to support the homeless in Belfast City Centre



Over 120 Chocolate Advent Calendars for the local Foodbank:



And – lest anyone forget that Kindness is one of our core values, we have wee, (and big!) reminders of that in our playground!

